



Foods that is perfectly suitable for human consumption, as well as other animals, may be toxic and even **poisonous** to your dog, posing a serious threat to its health and well-being. Why? Because all animals have very different rates of **metabolism**. Metabolism is basically the process of breaking down food and turning it into energy. There are certain foods that you should not feed your dog under any circumstances. While individual cases will vary based on breed, weight, and other factors —

in general this list of foods dogs can't eat.

THE MOST DANGEROUS:

Chocolate – Chocolate is a definite no for your dog. And it's not just about caffeine, which is enough to harm your dog by itself, but theobromine and theophylline, which can be toxic, cause panting, vomiting, diarrhoea, and damage your dog's heart and nervous systems.

Coffee – This is essentially poison for your dog if ingested. Caffeine is essentially a central nervous stimulant and can result in mild to severe excitation, hyperactivity, restlessness, elevated blood pressure, abnormal heart rhythms, tremors, twitching, seizures and the loss of consciousness within an hour after ingestion.

Corn on the Cob – This is a sure way to get your dog's intestine blocked. The corn is digested, but the cob gets lodged in the small intestine, and if it's not removed surgically, can prove fatal to your dog. Additionally, too much corn kernels can upset the digestive tract

Grapes and Raisins – Grapes contain a toxin that can cause severe liver damage and kidney failure. We've heard stories of dogs dying from only a handful of grapes.

Macadamia Nuts – These contain a toxin that can inhibit locomotory activities, resulting in weakness, panting, swollen limbs, and tremors as well as possible damage to your dog's digestive, nervous, and muscle systems.

Onions, Garlic and Chives – No matter what form they're in (dry, raw, cooked, powder, within other foods), these are some of the absolute worst foods you could possibly give your pet - they contain disulfides and sulfoxides (thiosulphate), both of which can cause anaemia and damage red blood cells.

Peaches and Plums – Peach pits are not only a choke hazard they contain amygdalin, a cyanide and sugar compound that degrades into hydrogen cyanide (HCN) when metabolized. Pear seeds also contain trace amount of arsenic and are dangerous.

Tobacco – A major toxic hazard for dogs. Nicotine can damage your pup's digestive and nervous systems, increase their heart rate, make them pass out, and ultimately result in death.

Xylitol – A sugar alcohol found in gum, sweets, baked goods, and other sugar-substituted items, Xylitol, while causing no apparent harm to humans, is extremely toxic to dogs. Even small amounts can cause low blood sugar, seizures, liver failure, even death for your pet.

Yeast (on its own or in dough) like yeast rises in bread, it will also expand and rise within your dog's tummy. Make sure they don't get any. While mild cases will cause gas, lots of wind, and discomfort much of it could rupture their stomach and intestines.

ALSO DANGEROUS:

Alcohol can cause not only intoxication, lack of coordination, poor breathing, and abnormal acidity, but potentially even coma and/or death.

Apple Seeds casing of apple seeds are toxic to a dog as they contain a natural chemical (amygdalin) that releases cyanide when digested. This is really only an issue if a large amount was eaten and the seed were chewed up by the dog, causing it to enter its blood stream. But to play it safe, be sure to core and seed apples before you feed them to your dog.

Avocado contain Persin, which can cause diarrhoea, vomiting, and heart congestion.

Cooked Bones easily splinter when chewed by your dog.

Chewing Gum and Sweets only containing sugar, but it often these products contain *Xylitol*, which can lead to the over-release of insulin, kidney failure, and worse.

Cat Food food contains proteins and fats that are targeted at the diet of a cat, not a dog. The protein and fat levels in cat food are too high for your dog, and not healthy.

Fat Trimmings cause pancreatitis.

Hops ingredient in beer that can be toxic to your dog. The consumption of hops by your dog can cause panting, an increased heart rate, fever, seizures, and even death.

Liver small amounts, liver is great but avoid feeding too much liver to your dog. Liver contains quite a bit of Vitamin A, which can adversely affect your pup's muscles and bones.

Milk and Dairy Products – While small doses aren't going to kill your dog, you could get some nasty cases of diarrhoea. Why? Dogs are lactose intolerant and don't have enough of the lactase enzyme to properly digest dairy foods. If you really need to give them dairy, look into lactose-free dairy products.

Mushrooms as the wrong mushroom can be fatal to humans, the same applies to dogs. Don't mess with them.

Rhubarb and Tomato Leaves contain oxalates, which can adversely affect the digestive, nervous, and urinary systems.

Salt lead to an imbalance in electrolyte levels, dehydration and potentially diarrhoea.

Spices containing Capsaicin, found in chili powder, paprika, and just about any other pepper (bell, chili, etc.), is an irritant to dogs.

Sugar applies to any food containing sugar and can lead to dental issues, obesity, and even diabetes.

Any food not specifically formulated for CATS can affect the digestive system, causing vomiting, diarrhoea, or loss of appetite. Here are some foods of particular concern:

Alcohol. Can also easily cause severe liver and brain damage. As little as a tablespoon can put an adult cat in a coma; a little more can kill.

Chocolate. The compound in chocolate that is of major concern is theobromine. It is in all forms of chocolate, and most concentrated in dark chocolate and unsweetened baking chocolate. Consumption can cause heart arrhythmias, muscle tremors, or seizures. Chocolate also contains caffeine.

Coffee, Tea, Energy Drinks. These and other caffeinated drinks and foods can cause your cat to become restless, have rapid breathing, heart palpitations, muscle tremors.

Dairy Products. Cats can become lactose intolerant when they become adults. If ingested by these cats, dairy products can cause vomiting and diarrhoea.

Fat Trimmings, Raw Meat, Eggs, Fish. Please consult your veterinarian before adding these foods to your cat's diet, as there is a risk of vomiting, diarrhoea, Salmonella or E. coli associated with these foods for some animals, especially when given improperly. Fat trimmings can also cause *pancreatitis* in cats.

Onions and Garlic. All members of the onion family can cause problems if eaten in sufficient quantity. A little bit of onion or garlic in some sauce is not likely to cause any problems. However, eating a clove of garlic or a green onion may cause digestive upset. Eating some type of onion on a regular basis could cause *anaemia*.

Be on the safe side and feed your pets' only food which has been specifically made for them you aren't sure or have 'fussy eaters', pop in for some expert advice.

